

BREAKAWAY

2025

WELCOME



Lift Disability  
Network presents

# Breakaway

Family Retreat

## 2025 INFO PACKET

[LIFTDISABILITY.NET/BREAKAWAY](https://liftdisability.net/breakaway)



# WELCOME BREAKAWAY FAM!

We are so excited to have you join us in just a few short weeks! We have been planning for months and are ready for an amazing time together. In this packet you will find some information that may be helpful in preparing for your week at Breakaway!

## Arrival Times

FAMILIES and CAMPERS: Tuesday, July 1st from 3:00pm to 4:00pm

LEAD CREW: Monday, June 30th at 11:00am

CREW: Monday, June 30th at 12:45pm

## What you can expect

Loads of fun, lots of laughter, continuous love and hugs on top of fun activities for the participants such as fishing, swimming, group games, chapels and crafts. Quiet walks and small groups for sharing your heart as well as the Word of God expressed and lived out every moment you are here.

## Additional important things to know:

- Medical Staff is primarily here for First Aid only.
- ONLY certified service dogs are allowed on campus.
- Meals in the dining hall and themed dinners are shared with all families and volunteers.
- Special meal plans are NOT provided.
- If special foods are required, we suggest that you bring them. There is a mini fridge in your room as well as a large refrigerator and microwave in the meeting space.

This week is a great opportunity for you to build relationships with new friends and grow deeper in your relationship with Christ. We know that this is not feasible for all situations, but you may want to consider leaving electronic devices at home.

YAY!

HELLO



WHAT TO

# BRING



## CLOTHING

- Casual "Camp" Wear (i.e.: jeans, shorts, t-shirts, tanks)
- Comfortable shoes, tennis shoes (for games)
- Modest Bathing Suit (preferably one piece, or T-shirt over suit)
- Fun Attire for themed events (listed below)
- Clothes to get wet in!



## SNACKS & HYDRATE!

You may bring snacks for your room. There is also a Lake Yale gift shop open to purchase snacks, ice cream, etc. We will have water bottles for sale in the Breakaway store if you don't have one of your own. We strongly suggest utilizing the filling stations often! Hydrate, Hydrate!



## OTHER ITEMS

- |                                   |                                 |
|-----------------------------------|---------------------------------|
| o Camera/Phone                    | o Bible/Journal/Pen             |
| o Sun Block/Hat                   | o Umbrella and/or poncho        |
| o Beach Towel                     | o Bug Spray, a must!            |
| o Flashlight/Phone                | o Toiletries (soap/shampoo)     |
| o Laundry Soap, if need           | o Adaptive equipment, if needed |
| o Money for Camp store and snacks |                                 |
| o Anticipation for a great week!  |                                 |



WHAT IS

PROVIDED



### HOUSING

**Hotel rooms:** consist of either one king bed or one full and one twin bed, all rooms include a private bathroom. Towels, bed linens and pillows are provided. Housekeeping is very limited during your stay. Please let Jodi Rowe, at the Breakaway Camp Office, know if you need something for your room.

**Bunkhouse:** has bunk beds with community bathrooms and two counselor's room with private bathroom. (Linens are not provided.)

**FAMILY AND CAMPERS:** Each family/camper will have their own room/s. If your family is 4 people or larger you will be assigned adjoining and/or rooms next to each other.

**CREW:** You will have a roommate according to gender and age. If you have not already requested a specific roommate and wish to do so, please let us know as soon as possible. Each crew member will have their own bed.

### MEALS & SPECIAL TREATS

All meals are provided, including beverage and dessert. Various treats will be available during certain events. All breakfasts, lunch and a most dinners are served in the cafeteria. We will have one special catered dinner served during an evening themed event in the meeting space.

Cold drink machines are located at the end of the hotels and in front of the Maple Fellowship Center. A snack machine is located inside the Maple Fellowship Center as well as a gift shop that has some treats for sale. Ice machines are in the middle hallway of each hotel and in the hallway of the Raintree Center.

### OTHER

The Breakaway Store will be open during certain times of the day to stock up on all your Lift Merch! There is also Sno Cones and popcorn available for free every afternoon!

Wifi Internet service is available in sleeping rooms and in the common areas.

Support

**FAMILIES AND CAMPERS:** Each family will be assigned a Crew member to be their hands and feet for the week. They are there to help families and campers during meals, chapel times and participating in activities and events. As parents this is your time to take a break. Our crew has been trained and are ready to be a friend to your children/loved one. Please take this time to enjoy some relaxation knowing your children/loved ones are being cared for. Our Crew has been praying for you and is here to help you in any way. Please let us know at any time if there is anything we can do to make your time with us more enjoyable.

**CREW:** Our Lead Crew has been praying for you and is here to help you in any way. Please let us know at any time if there is anything we can do to make your time with us more enjoyable.

# 2025 SPECIAL ATTIRE

At Breakaway, we love to dress up—and this year is no exception! Throughout the week, you'll have plenty of chances to step into character, have some fun, and show off your best themed looks.

## Theme of the Week: KINGDOM

From sunrise to sunset, we'll be immersing ourselves in the wonder of the Kingdom of God. Whether you're a noble knight, a playful jester, a fair princess, or a humble peasant, there's a place for you in this royal realm. Go all out with a full costume or keep it simple with a themed tee or crown.

Dress up all day or just for a few hours. Want to wear something different each day? Go for it! Or if you fall in love with your jester outfit, wear it again and again (we do recommend a quick shower between wearings).

## Special Evening & Event Themes:

### Dinner & Show at the King's Table

Feast like royalty and enjoy performances fit for a king! Entertainment from the court will leave you laughing, cheering, and maybe even dancing in your seat.

### The Royal Ball

It's time to hit the dance floor! Join the court for a mix of choreographed dancing and freestyle fun. Dress your best and bring your twirls.

### The Eddy's (Talent Show)

Make your grand entrance down the red carpet in your formal attire! The spotlight is on you as the paparazzi snap photos and we cheer on the kingdom's finest talents.

### Recreational Games

Prepare to get soaked! This year's games have a wet and wild twist. Some towels will be provided, but we highly recommend packing extras—and maybe a dry outfit or two.

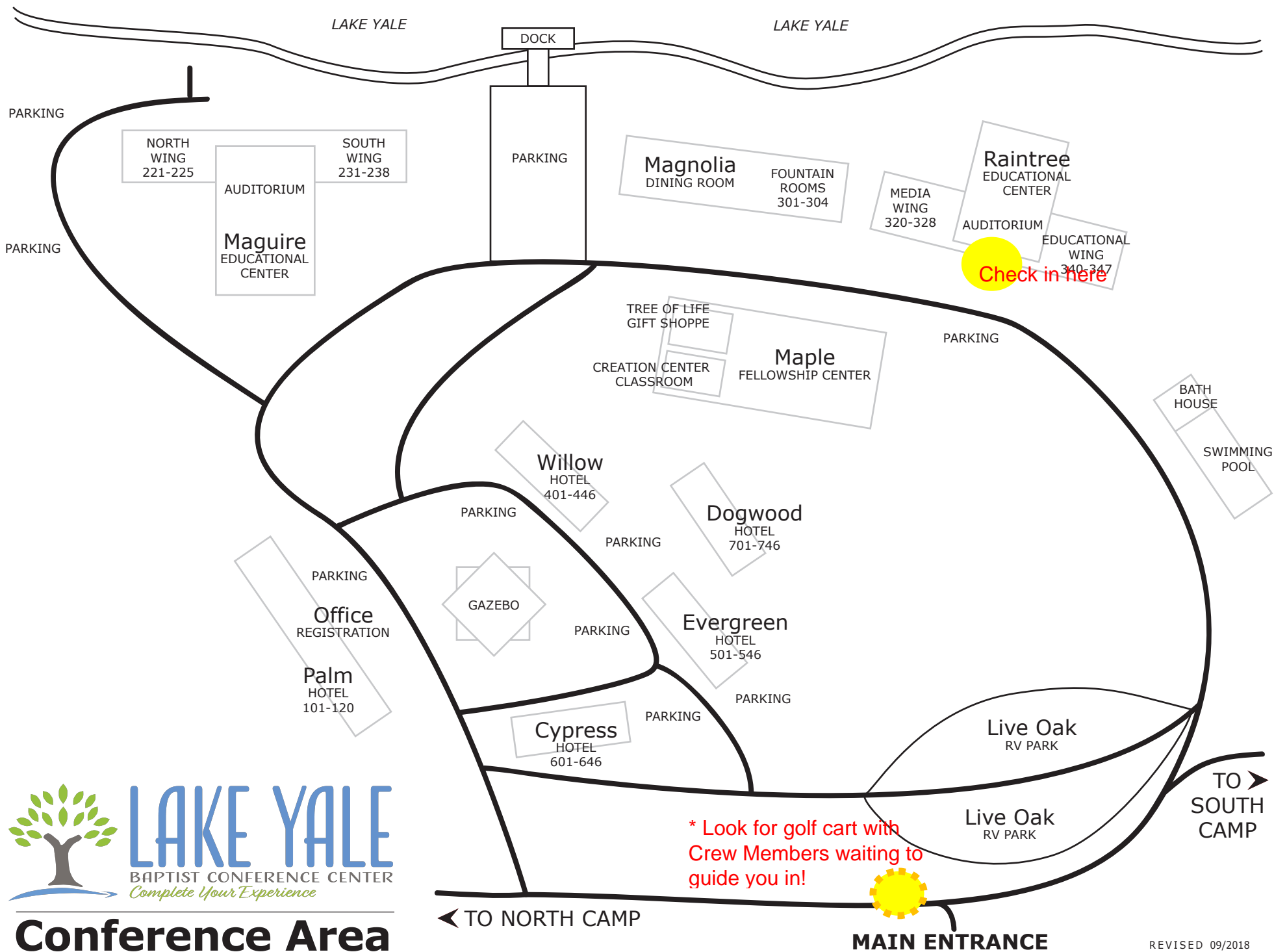
Start gathering your royal gear now—we can't wait to see what you bring to the kingdom!

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## 2025 Breakaway The Kingdom

	Monday June 30	Tuesday July 1	Wednesday July 2	Thursday July 3	Friday July 4	Saturday July 5
6:00						
7:00		7:00-8:00 Breakfast		7:00-8:00 Breakfast	7:00-8:00 Breakfast	7:00-8:00 Breakfast
8:00						
9:00		9:00-11:30 Crew Training	9:00-10:00 Chapel	9:00-10:00 Chapel	9:00-10:00 Chapel	9:00-11:00 Last Chapel
10:00			10:00-10:30 Small Groups	10:00-10:30 Small Groups	10:00-10:30 Small Groups	
11:00			10:45- 11:45 Rec	10:45-11:45 Rec	10:45-11:45 Rec	
11:00-12:30 Lead Crew Meeting						
12:00		12:00-1:00 Crew Cookout	12:00-1:00 Lunch in Cafeteria	12:00-1:00 Lunch in Cafeteria	12:00-1:00 Lunch in Cafeteria	
1:00		1:00-3:00 Final Preparations for arrival		1:30-5:00 Tree Climbing, paint by number, crafts,		1:30-5:00 Off Road Jeep Rides, paint by number, crafts,
2:00	1:00-4:00 Crew Training	1:30-3:00 Paint Class Tea Party, Movie	1:00-4:00 Pool Time (Just Breakaway)	1:30-3:00 Pressed Flower art Movie	1:30-5:00 Boating, Tree Climbing, paint by number, crafts, Canoes and Paddle boats, Fishing	1:30-3:00 Movie
3:00						
4:00		3:00-5:00 Welcome Families	3:30-5:00 Paint Class, Sign Language Talent Show Tryouts, Spa	3:30-5:00 Sign Language, Talent Show Tryouts, Pressed Flower Art, Spa	3:30-5:00 Spa	3:30-5:00 Spa
4:00-6:00						
5:00	Set up Areas	5:15-6:15 Dinner in Cafeteria	5:15-6:15 Dinner in Cafeteria		5:15-6:15 Dinner in Cafeteria	
6:00	6:00-7:00 Crew Dinner			6:00-7:30 Dinner Show		
7:00	7:00-8:00 Commissioning	7:00-8:30 Evening Chapel	7:00-9:00 Dance		7:00-8:00 Eddy's	
8:00				8:00-9:00 Worship night		
8:00-9:30	Movie	8:30-9:30 Late Night Activity				
9:00						
10:00						



# Conference Area