

BREAKAWAY

2026

WELCOME



Lift Disability Network presents

Breakaway

Family Retreat

2026 INFO PACKET

LIFTDISABILITY.NET/BREAKAWAY

WELCOME BREAKAWAY FAM!

We are so excited to have you join us in just a few short weeks! We have been planning for months and are ready for an amazing time together. In this packet you will find some information that may be helpful in preparing for your week at Breakaway!

Arrival Times

FAMILIES and CAMPERS: Tuesday, June 30th from 3:00pm to 4:00pm

LEAD CREW: Monday, June 29th at 11:00am

CREW: Monday, June 29th at 12:45pm

What you can expect

Loads of fun, lots of laughter, continuous love and hugs on top of fun activities for the participants such as fishing, swimming, group games, chapels and crafts. Quiet walks and small groups for sharing your heart as well as the Word of God expressed and lived out every moment you are here.

Additional important things to know:

- Medical Staff is primarily here for First Aid only.
- ONLY certified service dogs are allowed on campus.
- Meals in the dining hall and themed dinners are shared with all families and volunteers.
- Special meal plans are NOT provided.
- If special foods are required, we suggest that you bring them. There is a mini fridge in your room as well as a large refrigerator and microwave in the meeting space.

This week is a great opportunity for you to build relationships with new friends and grow deeper in your relationship with Christ. We know that this is not feasible for all situations, but you may want to consider leaving electronic devices at home.



YAY!

HELLO

WHAT TO

B R I N G Z



CLOTHING

- Casual "Camp" Wear (i.e.: jeans, shorts, t-shirts, tanks)
- Comfortable shoes, tennis shoes (for games)
- Modest Bathing Suit (preferably one piece, or T-shirt over suit)
- Fun Attire for themed events (listed below)
- Clothes to get wet in!



SNACKS & HYDRATE!

You may bring snacks for your room. There is also a Lake Yale gift shop open to purchase snacks, ice cream, etc. We will have water bottles for sale in the Breakaway store if you don't have one of your own. We strongly suggest utilizing the filling stations often! Hydrate, Hydrate!



OTHER ITEMS

- o Camera/Phone
- o Sun Block/Hat
- o Beach Towel
- o Flashlight/Phone
- o Laundry Soap, if need
- o Money for Camp store and snacks
- o Anticipation for a great week!
- o Bible/Journal/Pen
- o Umbrella and/or poncho
- o Bug Spray, a must!
- o Toiletries (soap/shampoo)
- o Adaptive equipment, if needed

WHAT IS

PROVIDED



HOUSING

Hotel rooms: consist of either one king bed or one full and one twin bed, all rooms include a private bathroom. Towels, bed linens and pillows are provided. Housekeeping is very limited during your stay. Please let Jodi Rowe, at the Breakaway Camp Office, know if you need something for your room.

FAMILY AND CAMPERS: Each family/camper will have their own room/s. If your family is 4 people or larger you will be assigned adjoining and/or rooms next to each other.

CREW: You will have a roommate according to gender and age. If you have not already requested a specific roommate and wish to do so, please let us know as soon as possible. Each crew member will have their own bed.

MEALS & SPECIAL TREATS

All meals are provided, including beverage and dessert. Various treats will be available during certain events. All breakfasts, lunch and most dinners are served in the cafeteria. We will have one special catered dinner served during an evening themed event in the meeting space.

Cold drink machines are located at the end of the hotels and in front of the Maple Fellowship Center. A snack machine is located inside the Maple Fellowship Center as well as a gift shop that has some treats for sale. Ice machines are in the middle hallway of each hotel and in the hallway of the Raintree Center.

OTHER

The Breakaway Store will be open during certain times of the day to stock up on all your Lift Merch! There are also Sno Cones and popcorn available for free every afternoon!

Wifi Internet service is available in sleeping rooms and in the common areas.

Support

FAMILIES AND CAMPERS: Each family will be assigned a Crew member to be their hands and feet for the week. They are there to help families and campers during meals, chapel times and participating in activities and events. As parents/caregivers this is your time to take a break. Our crew has been trained and are ready to be a friend to your children/loved one. Please take this time to enjoy some relaxation knowing your children/loved ones are being cared for. Our Crew has been praying for you and is here to help you in any way. Please let us know at any time if there is anything we can do to make your time with us more enjoyable.

CREW: Our Lead Crew has been praying for you and is here to help you in any way. Please let us know at any time if there is anything we can do to make your time with us more enjoyable.

2026 SPECIAL ATTIRE

At Breakaway, we love to dress up—and this year is no exception! Throughout the week, you'll have plenty of chances to jump into the adventure, have some fun, and show off your best themed looks.

Theme of the Week: THE VOYAGE

This year, we're setting sail on an unforgettable journey! Throughout the week, we'll explore what it means to travel through life with purpose, courage, and faith as we follow God's direction. Each day will be a different place (check the schedule below). Whether you come as a sailor, explorer, viking, captain, pirate, islander, or adventurer, there's a place for everyone aboard.

Go all out with a full costume or keep it simple with a themed shirt, hat, or accessories. Dress up all day or just for special events. Want a different look every day? Fantastic! Found the perfect captain's hat and want to wear it all week? We support that too.

Special Evening & Event Themes:

Polynesian Luau & Dance

Grab your island-inspired attire and join us for an evening of music, fun, and dancing. Whether you're learning the group dances or just enjoying the atmosphere, this tropical celebration is sure to be a highlight of the week.

Viking Family Feast

Gather around the table for a hearty family-style meal worthy of legendary voyagers. Share great food, laughter, and stories as we celebrate together like a true Viking clan.

The Eddy's: Pirates of Breakaway (Talent Show)

Ahoy, mateys! The Eddy's is taking a pirate turn this year. Don your pirate gear, gather your crew, and prepare for an evening of talent, treasure, laughter, and adventure. Whether you're performing or cheering from the audience, this swashbuckling event is always a favorite.

Start gathering your voyage gear now—we can't wait to see where this adventure takes us!

T H E M E S



The Schedule

	Monday June 29	Tuesday June 30 Fam Arrivals	Wednesday July 1 Polynesian	Thursday July 2 Viking	Friday July 3 Pirate	Saturday July 4 Farewells
6:00						
7:00		7:00-8:00 Breakfast in Cafeteria	7:00-8:00 Breakfast in Cafeteria	7:00-8:00 Breakfast in Cafeteria	7:00-8:00 Breakfast in Cafeteria	7:00-8:00 Breakfast
8:00			8:30-9:00 Announcements/Drama/Rec Explanation	8:30-9:00 Announcements/Drama/Rec Explanation	8:30-9:00 Announcements/Drama/Rec Explanation	8:30-10:30 Farewell Chapel
9:00			9:00-10:00 Group Recreation	9:00-9:45 Group Recreation	9:00-10:00 Group Recreation	
10:00		8:30-12:00 Crew Training	10:00-11:30 First Elective Block	10:00-11:30 First Elective Block	10:00-12:00 First Elective Block	
11:00						11:00 Farewell to Families
11:00-12:30	12:00-1:00 Lead Crew Meeting	12:00-1:00 Crew "Cookout"	11:30-12:30 Lunch in Cafeteria	11:30-12:30 Lunch in Cafeteria	11:30-12:30 Lunch in Cafeteria	12:00-3:00 Crew Lunch and Cleanup
1:00						
2:00	1:00-4:00 Crew Training		1:00-3:00 2nd Elective Block	1:00-3:00 2nd Elective Block	1:00-3:00 2nd Elective Block	
3:00		3:00-5:00 Families Arrive				
4:00			3:30-4:30 Chapel and Small Groups	3:30-4:30 Chapel and Small Groups	3:30-4:30 Chapel and Small Groups	
4:00-6:00	Set up Areas					
5:00						
6:00	6:00-7:00 Crew Dinner	5:00-6:00 Dinner in Cafeteria	5:00-6:00 Dinner in Cafeteria	5:00-6:00 Family Dinner	5:00-6:00 Dinner in Cafeteria	
7:00	Com m issioning	7:00-8:00 Chapel	7:00-9:00 Dance	7:00-9:00 Worship Night And Bonfire Smores	7:00-9:00 Eddy's	
8:00						
9:00	8:00-9:00 Crew Bonding	8:30-9:30 Karaoke and Ice Cream Social			9:00-9:30 Fireworks	
10:00						

The Map

